

**We hope that this information has  
been of use to you.**



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**CHEDDAR  
MEDICAL  
CENTRE**

**MEASLES  
ADVICE**

**At present there is no report of a  
local outbreak of measles, so there  
really is no need to vaccinate out  
of normal schedule time**

**For further information  
<http://www.nhs.uk/Conditions/vaccinations/Pages/measles-outbreak-advice.aspx>**

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## **We live a long way from Wales– So should I be worried?**

Outbreaks of measles can happen anywhere at anytime, so wherever you live in the UK it is important that your children are up to date with their MMR and other childhood vaccinations.

If your child has already had two doses of MMR vaccine, **you don't need to worry**. Similarly if your child had their first dose of MMR as a baby but they are not yet old enough to have received their second dose, **this counts as them being up to date and there is no need to have the second MMR dose earlier than scheduled**.

However, if your child is school aged and has only had one MMR dose, or not been vaccinated at all, they really should be vaccinated as soon as possible.

Please contact the surgery to arrange vaccination.

## **Children aged 10-16 MMR Catch up Service**

NHS Somerset will be offering MMR vaccination to all unvaccinated schoolchildren from age 10-16 as part of a national catch-up campaign.

We will be contacting these children by letter

## **How early can I give an infant MMR?**

MMR should not be given before infants are 6 months old.

If there is a risk of exposure infants over 6 months can be given single dose of MMR.

**You should note though, that this dose is discounted and routine vaccinations will be given as normal at 12– 13 months and pre– school**

## **I'm pregnant, but have not had MMR– should I get vaccinated?**

MMR is a live vaccine. Therefore you will not be vaccinated until you have given birth (2 doses one month apart).

If MMR vaccine is given to adult women, you will be advised to guard against pregnancy for one month.

## **I'm breastfeeding- Can I continue if I receive MMR?**

Yes, MMR vaccine can be given to breast-feeding mothers without any risk to their baby.

## **What about me– I'm an adult who hasn't had MMR vaccination**

Adults born between **1970 and 1990** may be at risk of measles, mumps and rubella. They may not have had the combined MMR and may not have received complete vaccinations. As such 2 doses of MMR can be given one month apart.

Adults born **before 1970** are likely to have acquired natural immunity and therefore are less likely to be susceptible to infection.

## **I have no idea if I have been vaccinated?**

If you are really unsure then we can assume that you have not been vaccinated and apply the same risk assessment as above taking into consideration your age, where you have lived and risk of exposure.